

For a Personal Experience



We use **It's Never 2 Late** dignity through technology

SPIRITUAL:

- Hundreds of spiritual experiences based on personal preferences
- 20 inspirational slide shows; 48 karaoke style hymns; 36 sermons, Bible stories and spiritual websites

PHYSICAL:

- Exercise videos: 26 different videos - 17 constant on the system; 9 new ones rotated into content bi-monthly
- Video designed to improve strength and balance
- Simulated bicycle program

SOCIAL:

- Easy-to-use e-mail program to help stay in touch with loved ones; Skype program to increase engagement
- Easy access to internet, current events and outside world

INTELLECTUAL:

- 26 games designed to improve brain function; over 30 games designed to encourage cognitive engagement
- iN2L Brain Challenge offers over 24 cognitive quizzes; over 240 quizzes on a variety of topics
- Pre-selected news sources to stay engaged with world events
- Access to virtual art museums, learn a language

EMOTIONAL:

- Music therapy program designed by music therapists
- Over 100 relaxation video options including music/ambient sounds
- Customization of personal information - photos, videos, interests
- Health tips to encourage healthy lifestyle choices

Grace 
HEALTHCARE of TUCKER
SERVING YOU FROM OUR HEART

To learn more: www.in2L.com | www.gracehctucker.com